Calibre 5700 Series (mvt. cal. H570) Quick Identification



Calibre 5700 Series (mvt. cal. H570) Quick Reference



24 Hour Hand - Indicates time in 24 Hour format. This is also used when setting the time to reference the correct 'AM' or 'PM' time ensuring the date changes at 'night'

Chronograph Sweep Second Hand - Shows elapsed seconds only when Chronograph has been activated by pressing upper right button (A). NOTE: This does not indicate 'real time' seconds.

Chronograph Elapsed Minute Scale - When the Chronograph is activated by pressing the upper right button (A), the Chronograph Elapsed Minute Hand will move in one minute increments up to 30 minutes.

Second Hand - Indicates seconds in 'real time' seconds

Date - Indicates Date based on a 31-day month. It is not perpetual and must be adjusted for months shorter than 31 days.

Tachymeter Dial Ring - Referenced in the Chrongraph mode to determine speed of an object in a set distance or productivity of machinery, personnel, etc. in a given time.

Calibre 5700 Series (mvt. cal. H570) Quick Setting



TO SET THE TIME/DATE

- 1) If your model features a screw down crown, unscrew the crown from the case.
- 2) When the 'real time' Second hand reaches 60, pull the crown out two 'clicks'. This will stop the 'real time' Second hand at the '60' position.
- 3) With the crown pulled out two 'clicks', turn the crown clockwise until the 24 Hour hand is pointing to '24'. The Minute and Hour hands should be pointing at 12:00 position). This is the 12:00 midnight position.
- 4) Rotate the crown clockwise to set your current time remembering that you are starting from 12:00 midnight.
- 5) Push the crown in 1 'click'. Rotate the crown clockwise until the current date is shown.
- 6) Push the crown to the closed position. The time, 24-hour time and date are now set. If your model features a screw down crown, be sure to screw the crown into the case.

TO USE THE CHRONOGRAPH

- 1) Press the upper right button (A) to start the chronograph.
- 2) Press the upper right button (A) to stop the chronograph.
- 3) Press the lower left button (B) to return the chronograph hands to the start position (the chronograph sweep second hand will return to the 12:00 position, the chronograph elapsed minute indicator hand will return to the '00' position.